



# Let Me Down Easy

Music: Sheppard, CD: Let Me Down Easy - Single  
 Choreo: Sandra Pohlmann ([sandra.pohlmann@googlemail.com](mailto:sandra.pohlmann@googlemail.com))  
 (19th ECTA Clog Convention 2015, Rotenburg/Wümme)

**Basic**  
**72 bpm**  
**3:47**

Sequence: **A B A\* B C Break 1/2B Ending**  
**wait 32 beats**

## Part A: (40)

2 Basic DS RS  
**L&R** L RL  
 &1 &2

4 Toe-Heel T H  
**L/R/L/R** L L  
 & 1

2 Push Off DS RS RS RS  
**L&R** L RL RL RL  
 &1 &2 &3 &4

**Repeat all above as written and add:**

2 Triple DS DS DS RS  
**L&R** L R L RL  
 &1 &2 &3 &4

## Part B: (32)

4 Step S  
**L/R/L/R** L  
 1

4 Shuffle DR SL  
 Both  
 & 1

2 Triple DS DS DS RS  
**L&R** L R L RL  
 &1 &2 &3 &4

**Repeat all above as written**

## Part A\*: (32)

2 Basic DS RS  
**L&R** L RL  
 &1 &2

4 Toe-Heel T H  
**L/R/L/R** L L  
 & 1

2 Push Off DS RS RS RS  
**L&R** L RL RL RL  
 &1 &2 &3 &4

**Repeat 2 Basics & 4 Toe-Heels as written and add:**

2 Triple DS DS DS RS  
**L&R** L R L RL  
 &1 &2 &3 &4

Sequence: **A B A\* B C Break 1/2B Ending**

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**Part C:** (32)

Push Off DS RS RS RS  
L RL RL RL  
&1 &2 &3 &4

2 Basic DS RS  
**R&L** R LR  
&1 &2

**Repeat all above (opposite footwork) 3 times**

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**Break:** (16)

8 Step S circle 360° left  
L  
1

**Repeat 8 Steps as written but circle 360° right**

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**Part 1/2B:** (16)

4 Step S  
**L/R/L/R** L  
1

4 Shuffle DR SL  
Both  
& 1

2 Triple DS DS DS RS  
**L&R** L R L RL  
&1 &2 &3 &4

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**Ending:** (32+5 "slow down")

2 Basic DS RS  
**L&R** L RL  
&1 &2

4 Toe-Heel T H  
**L/R/L/R** L L  
& 1

2 Push Off DS RS RS RS  
**L&R** L RL RL RL  
&1 &2 &3 &4

**Repeat all above as written and add:**

5 Step S  
**L/R/L/R/L** L  
1 listen to the music & slow down

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